Pro-Apoptotic Gene Knockdown Mediated by Nanocomplexed siRNA Reduces Radiation Damage in Primary Salivary Gland Cultures

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ABSTRACT

A critical issue in the management of head and neck tumors is radioprotection of the salivary glands. We have investigated whether siRNA-mediated gene knock down of pro-apoptotic mediators can reduce radiation-induced cellular apoptosis in salivary gland cells in vitro. We used novel, pH-responsive nanoparticles to deliver functionally active siRNAs into cultures of salivary gland cells. The nanoparticle molecules are comprised of cationic micelles that electrostatically interact with the siRNA, protecting it from nuclease attack, and also include pH-responsive endosomolytic constituents that promote release of the siRNA into the target cell cytoplasm. Transfection controls with Cy3-tagged siRNA/nanoparticle complexes showed efficiently internalized siRNAs in more than 70% of the submandibular gland cells. We found that introduction of siRNAs specifically targeting the Pkcδ or Bax genes significantly blocked the induction of these pro-apoptotic proteins that normally occurs after radiation in cultured salivary gland cells. Furthermore, the level of cell death from subsequent radiation, as measured by caspase-3, TUNEL, and mitochondrial disruption assays, was significantly decreased. Thus, we have successfully demonstrated that the siRNA/nanoparticle-mediated knock down of pro-apoptotic genes can prevent radiation-induced damage in submandibular gland primary cell cultures. J. Cell. Biochem. 113: 1955–1965, 2012. © 2012 Wiley Periodicals, Inc.

Head and neck cancers account for 3–5% of all cancers worldwide and their treatment generally involves the use of ionizing radiation, which results in subsidiary, permanent damage to the salivary glands [O'Connell et al., 1999; Vissink et al., 2003]. The mechanism behind apoptosis of the salivary gland cells following irradiation has been intensively reviewed [Stephens et al., 1991b; Grundmann et al., 2009] and is a complex, "enigmatic" process [Nagler, 2002]. Although the serous components of the acini (functional units of the salivary glands) are postmitotic, highly-differentiated cells, they exhibit prominent radiosensitivity [Stephens et al., 1991a]. Irradiation-induced cell death and subsequent tissue destruction has been explained by the "granulation

hypothesis" [Nagler et al., 1997], plasma membrane damage [Takagi et al., 2003], disruptions in signal-transduction [Vissink et al., 1992], and DNA damage in the progenitor cells [Konings et al., 2005]. Overall, radiation damage results in a complex manifestation of apoptosis, necrosis, mitotic catastrophe, and autophagy [Eriksson and Stigbrand, 2010], and major cellular loss is attributed principally to apoptosis [Redman, 2008]. Taken together, the final outcome is severe functional impairment of the salivary glands, and management of the resulting hyposalivation represents a demanding and unresolved clinical challenge.

Radioprotection and therapeutic treatments have addressed various aspects of this problem. Symptomatic treatments with

sialogogues offer only palliative, temporary relief. The use of chemo- or radio-protective agents (e.g., amifostine) prior to radiation leads to severe side effects [Jensen et al., 2010]. Sparing the salivary glands from radiation effects by using novel, intensity modulated [Braam et al., 2006] or fractionated radiotherapy, as well as chemo-radiotherapy represents a preventive approach. Unfortunately, this protection method is case sensitive and technology dependent [Seiwert et al., 2007]. Numerous investigations, in vitro and in vivo have evaluated the possible efficacy of anti-apoptotic agents. Reduction of cellular apoptosis through extrinsic growth factors (IGF-1 [Limesand et al., 2009], or bFGF [Thula et al., 2005]) has shown promising results, but their wide-ranging systemic effects may also pose problems. Heat shock protein 25 has been suggested to protect acinar cells from radiation stress in vivo [Lee et al., 2006], but it requires delivery by an adenoviral vector that may itself elicit undesirable inflammatory effects.

Key regulators of radiation-induced apoptosis have been identified in salivary gland cells [Matassa et al., 2001; Limesand et al., 2006]. The expression of these pro-apoptotic genes is initiated by irradiation, eventually resulting in cell death. The delta isoform of protein kinase C (Pkcδ) is a ubiquitous enzyme, which is activated during the cellular apoptotic response to ionizing radiation. A salivary gland cell-specific, pro-apoptotic role of Pkcδ protein has also been described in irradiation experiments in vitro [Reyland et al., 1999]. Intriguingly, genetic disruption of the *Pkcδ* gene suppresses radiation-induced apoptosis in mouse parotid gland [Humphries et al., 2006] and protects serous acinar cells from radiation damage. Native Pkcδ is cleaved into its catalytically active form at the early phase of the apoptotic response by caspase-3, which is itself activated as a result of signals triggered by Bax in irradiated intestine epithelial cells [Thotala et al., 2010] and in lung cancer cells [Choi et al., 2006]. Bax is a pro-apoptotic member of the Bcl-2 protein family and mediates the intrinsic or "mitochondrial" pathway of programmed cell death in mouse parotid cells [Avila et al., 2009]. Accordingly, the absence of radiation-induced p53-dependent Bax expression in *p53* knockout mice provides radioprotection to salivary acinar cells. We hypothesized that direct silencing of these specific pro-apoptotic mediators could interfere with the apoptotic pathway and potentially facilitate salivary gland cell survival. We therefore tested whether transient siRNA-mediated inhibition of *Pkcδ* or *Bax* gene expression can protect against radiation damage of salivary gland cells. We report here the effects of radiation on salivary gland cells following the selective knock down of the pro-apoptotic *Pkcδ* and *Bax* genes.

The use of small (21–23 bp), interfering RNAs (siRNA) for gene therapy is well-established. Synthetic, double-stranded RNAs have been applied to in vivo anti-cancer treatments, airway disease control, and liver regeneration. However, siRNA delivery to salivary gland cells and tissue has been less well studied. To date, siRNA transfections of salivary gland cells have been accomplished using commercially available transfection reagents [Freitas et al., 2007; Bulosan et al., 2009]. Those reagents are designed for siRNA transfections in cell culture experiments, and their cytotoxicity might not be tolerated in vivo [Mahato et al., 2003]. As an alternative, we report on the pioneer application of a unique nanoparticle-based delivery system designed to carry siRNAs into salivary gland cells. These nanoparticles consist of novel, pH-sensitive diblock copolymers which bind to siRNAs electrostatically and protect them from degradation [Convertine et al., 2009]. Furthermore, the backbone of the nanocomplexes is formed from nonimmunogenic and nontoxic polymers [Kusonwiriyawong et al., 2003; Convertine et al., 2009, 2010; Benoit et al., 2011]. We have assessed the capability of the nanoparticle complexes to deliver sequence-specific siRNA duplexes targeting pro-apoptotic genes into salivary gland cells.

Stable cell lines have been valuable in the investigation of acinar cell apoptosis [Stephens et al., 1989; Limesand et al., 2003], but the cellular response to radiation may be altered, as they are transformed cells. We have therefore conducted these investigations using primary cell cultures from mouse submandibular glands. Here we describe in vitro experiments to establish a radioprotection strategy through siRNA-mediated knock down of pro-apoptotic genes.

MATERIALS AND METHODS

PRIMARY SALIVARY GLAND CULTURES

Submandibular glands were aseptically excised from 2 to 4 month-old Balbc/cByJ mice, purchased from Jackson Laboratory (Bar Harbor, MA). The University Committee on Animal Resources at the University of Rochester approved all procedures and protocols. The glands were minced using a razor blade, then transferred into 10 ml digestion buffer prepared from $CaCl_2$-/$MgCl_2$-Hanks' balanced salt solution with 16.7 mg dispase, 10 mg collagenase type II (Gibco® Invitrogen, CA) and 40 mg hyaluronidase (Sigma, MO) [Hisatomi et al., 2004]. Enzymatic digestion was performed at 37°C for 90 min (fresh enzyme solution was added after the first 45 min) on a shaking rack. Further dissociation of the digested tissue was induced by vigorous pipetting prior to passing the cell suspension through a 40 μm cell strainer (BD Falcon, NJ). The isolated cells were then plated onto fibronectin-laminin (Invitrogen) coated 6-well dishes (BD Falcon) in Williams' E medium (Gibco), supplemented with 10% (v/v) heat-inactivated fetal bovine serum (Gibco), epidermal growth factor (EGF) (20 ng/ml; Sigma), insulin (10 μg/ml, Invitrogen), dexamethasone (0.25 μM, Invitrogen), antibiotic-antimycotic solution (1% v/v, Gibco), nicotinamide (2 mM, Gibco), MEM-NEAA (1% v/v, Gibco), and ITS (1% v/v, Cellgro, VA). Cultures were incubated at 37°C in a humidified chamber of 5% (v/v) CO_2 in air. Growth media was changed every second day. To distinguish the major cell types in monolayer cultures, lineage specific markers [Kishi et al., 2006] were used and visualized by immunostaining. Immunocytochemical analysis of the cultured cells was carried out using anti-amylase (1:300, Santa Cruz Biotechnology, Santa Cruz, CA), anti-cytokeratin-19 (1: 100, Santa Cruz), and anti-sca-1 (1:400, R&D Systems, Inc., Minneapolis, MN) antibodies.

NANOPARTICLE–siRNA TRANSFECTIONS

Monolayers were grown to subconfluency and 24 h prior to transfection the growth medium was changed to serum-free/antibiotic-free medium. A commercially available transfection reagent, Lipofectamine (Invitrogen) was used according to the manufacturer's protocol as a control method to check siRNA

transfection efficiency. Transfection efficiency was visualized using an Alexa Fluor 555-labeled, dsRNA oligomer (Cy3 BLOCKiTFluControl, Invitrogen).

The preparation and characterization of the pH-responsive diblock copolymers and resultant nanoparticles has been published elsewhere [Convertine et al., 2009, 2010; Benoit et al., 2010, 2011]. Nanoparticle/siRNA complexes were formulated using the calculated amount of siRNAs from 5 µM stock solutions. Silencer® Pre-designed siRNAs were purchased from Ambion (Applied Biosystems, MA) for Pkcδ (sense strand; CCGUCGU-GGAGCCAUUAAAtt, antisense strand; UUUAAUGGCUCCAC-GACGGtt), Bax (sense strand; GGAUGAUUGCUGACGUGGAtt; antisense strand; UCCACGUCAGCAAUCAUCCtt), and for negative controls (validated, non-targeting siRNA sequences). The micellar charge ratio (positive charges of diblock polymers compared to negative charges in siRNA) of the complexes was 4:1, and the nanocomplexed siRNAs were added to monolayers at a final concentration of 40 nM siRNA in reduced serum OptiMEM (Gibco) medium.

FLOW CYTOMETRIC ANALYSIS

For each assay, Cy3-labeled siRNA was complexed with Lipofecta-mine or nanoparticle carriers and added to cell monolayers. After incubation with siRNA for 8 h the transfected cells were trypsinized and resuspended in PBS (with 2% FBS and 0.01% trypan blue). 10,000 cells were analyzed per sample on a BD LSR II instrument (BD Biosciences, San Jose, CA). Gating was determined using untreated control samples.

IRRADIATION

In vitro gamma irradiation was performed with a Cs^{137} radiation source. To determine the optimal radiation dosage for transfection experiments, subconfluent monolayer cultures were irradiated with 1, 5, 7.5, or 10 Gy. Two days following the irradiation, the survival rate of the salivary primary cells was determined for each dose using the trypan blue (Gibco) exclusion assay, and an initial dose response curve was calculated. For the radioprotection experiments, 24 h after transfection with siRNA, culture dishes containing siRNA/nanoparticle complex-treated samples or irradiation control (no transfection) samples were subjected to a single dose of 7.5 Gy irradiation.

RNA ISOLATION AND GENE EXPRESSION ANALYSIS BY QUANTITATIVE PCR (qPCR)

Total RNA was isolated from monolayer cultures using the RNeasy Mini Kit (Qiagen, Germany). Primary cell cultures from untreated control wells, transfected wells, and irradiated wells were harvested 24 h following treatment (in replicate). RNA concentration was calculated from the OD_{260}/OD_{280} absorption ratio using a SmartSpec Plus (Bio-Rad Laboratories, CA) spectrophotometer. Real time PCR analysis was completed in two steps. The cDNA transcription step was performed with the iScript cDNA Synthesis Kit (Bio-Rad) following the manufacturer's instructions. Quantitative PCR reactions were set up in 25 µl IQ SYBR Green Supermix (Bio-Rad) total volume, containing the templates (0.5 µg) and target-specific primer pairs. The nucleotide sequences for primers were designed using information from the GenBank database (http://www.ncbi.nlm.nih.gov/Genbank) and are listed in Table I. Quantification of the transcripts was performed using the CFX96 Real-Time System (Bio-Rad) with the following cycling parameters: pre-incubation (95°C for 10 min), 45 cycles of amplification (denaturing at 95°C for 15 s, annealing at 62°C for 30 s, and elongation at 72°C for 30 s), and melting curve analysis with continuous fluorescent measurement. Standard curves from a control dilution series were created, and pro-apoptotic gene expression levels were normalized to three reference genes (UBC, ubiquitin; GAPDH, glyceraldehyde-3-phosphate dehydrogenase; S18, ribosomal protein [Silver et al., 2008]).

WESTERN BLOT

Monolayer cultures were harvested using ice-cold RIPA lysis buffer (G-Biosciences, MO) with protease inhibitor cocktail tablets (Complete Mini, Roche, Germany). Cells were incubated at 95°C for 5 min in 4×-Laemmli's buffer (200 mM Tris–HCl, 400 mM β-mercaptoethanol, 8% SDS, 0.2% bromophenol blue, 40% glycerol; all reagents were analytical grade materials from Sigma). The lysate protein concentration was assayed using the BCA (Pierce, IL) method. Fifteen micrograms protein was separated by SDS–PAGE gel electrophoresis on 4–15%% (w/v) acrylamide gels (RGEL, Bio-Rad). Separated proteins were transferred onto PVDF membrane (ImmobilonP, Millipore, MA) with a wet system. After rinsing and blocking (5% dried skim milk in TBS) the blots were incubated with the primary antibodies: Pkcδ rabbit polyclonal antibody 1:500 (cs-213, Santa Cruz), Bax rabbit polyclonal antibody 1:300 (cs-493, Santa Cruz), and β-actin mouse monoclonal antibody 1:1000 (sc-47778, Santa Cruz). Secondary antibodies were goat anti-rabbit IgG-HRP (cs-2004, Santa Cruz) and goat anti-mouse IgG-HRP (cs-200, Santa Cruz), respectively. The proteins were visualized by enhanced chemiluminescence (ECL Plus, Amersham, UK) according to the manufacturer's instructions. Alpha image scanning of the blots was done to measure the difference in band intensity among samples and quantification was performed using ImageJ Basics (NIH) analysis software.

TABLE I. qPCR Primer Sequences for Reference and Pro-Apoptotic Genes

Gene symbol	Forward (5' → 3')	Reverse (5' → 3')
UBC	AAGCCCCTCAATCTCTGGACGC	TCTCAATGGTGTCACTGGGCTCG
GAPDH	TGTGTCCGTCGTGGATCTGA	TTGCTGTTGAAGTCGCAGGAG
18S	ACGGAGGATGAGGTGGAGCGAGT	AAGTGGCCAGCCCTCTATGGG
Pkcδ	TCCTTCTCGGTGGACTGGTGGT	AAGAGCTCGTCCTCATCGTCGC
Bax	CCGGGTGGCAGCTGACATGTTT	GTAGAAGAGGGCAACCACGCGG

APOPTOSIS DETECTION

Radiation induced cellular apoptosis was assessed by the visualization of apoptotic changes in specific compartments of the cells 24 h after ionizing radiation of primary cultures. All of the procedures were performed in 6-well dishes following the manufacturer's instructions.

Nuclear: in situ detection of apoptotic cells within the monolayer culture was achieved using the DeadEnd Fluorometric TUNEL System (Promega, WI). The fragmented DNA was labeled by fluorescein-12-dUTP and the apoptotic cells were visualized by fluorescence microscopy.

Cytosol: endogenous caspase-3 activation was detected with SignalStain Cleaved Caspase-3 detection kit (Cell Signaling, MA). The kit contains cleaved caspase-3 antibody, which binds to a biotinylated secondary antibody and is detected using the avidin-biotin complex system.

Mitochondrial: early apoptotic changes in living cells were detected using the Mitocapture Apoptosis Detection Kit (BioVision, CA). Mitochondrial disruption leads to altered mitochondrial potential and red aggregates of a cationic dye can be visualized in the cytoplasm by fluorescence microscopy.

STATISTICAL ANALYSIS

Experimental data were analyzed using the one-way ANOVA method followed by appropriate post-hoc tests (Dunnett's or Tukey's HSD). Values are presented as mean values $\pm$ standard deviation. P-values <0.05 were considered statistically significant results. Statistical analyses were performed using the SPSS (PASW Statistics 18) software for Windows.

RESULTS

pH–RESPONSIVE NANOPARTICLES DELIVER siRNA INTO PRIMARY SALIVARY GLAND CELLS IN VITRO

Mouse submandibular glands were dissociated and grown in monolayer culture, as described [Hisatomi et al., 2004]. After 48 h in culture, all non-attached clumps and cells were removed, and within 5 days, colonies of cells were expanded. To assess cell types present in the cultures, cells were fixed with 4% paraformaldehyde, and subjected to immunostaining using antibodies specific for acinar (amylase, Fig. 1B), and duct (cytokeratin 19, Fig. 1C) cells, as well as a stem cell marker-1 (sca-1, Fig. 1D). We observed subsets of cells that reacted with each marker.

To evaluate transfection efficiency, we first tested the ability of the pH-responsive nanoparticles to deliver fluorescently tagged siRNA into monolayer cultures, using Cy3-labeled siRNA molecules. siRNAs were complexed either with nanoparticles or Lipofectamine at 37°C, added to cell monolayers in 6-well plates and incubated for 8 h. Examination by fluorescence microscopy (excitation max $= 547$ nm, emission max $= 563$ nm) showed that a majority
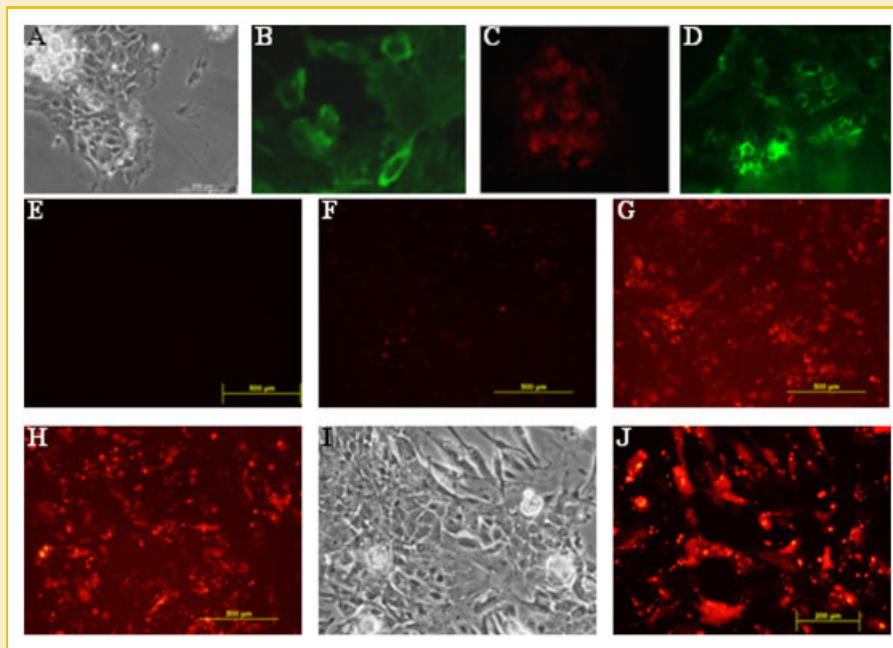

Fig. 1. Primary cell cultures derived from mouse submandibular gland include major cell types. (A) Phase contrast image of a monolayer culture. Representative photomicrographs of salivary gland specific lineage markers: (B) immunocytochemistry with antibody to α–amylase detects secretory acinar cells (green); (C) immunocyto-chemistry with antibody to cytokeratin 19, a representative marker for differentiated duct cells (red); (D) immunocytochemistry with antibody to sca–1, a marker reported to label the progenitor cells of the salivary gland (green). (E) Cells treated with nanoparticles complexed to scrambled–siRNA show no fluorescence signal after transfection. (F) In no vector transfections, fluorescent Cy3–labeled siRNA is not internalized and serves as a negative control. (G) Lipofectamine–mediated delivery of Cy3–labeled siRNA (positive control) shows evenly distributed siRNA uptake after 8 h. (H) Nanoparticle–mediated Cy3–labeled siRNA shows similar level of distribution after 8 h. (I) Higher magnification phase contrast image and (J) fluorescent image of the same cells showing cellular internalization of siRNA mediated by the pH–responsive nanoparticles. [Color figure can be seen in the online version of this article, available at http://wileyonlinelibrary.com/journal/jcb]

of the cells were labeled with Cy3-tagged siRNA (Fig. 1G and H). Cellular incorporation of the nanocomplexes showed efficiency similar to Lipofectamine positive controls (Fig. 1G), and confirmed the delivery of siRNAs into target cells. Intracellular uptake (Fig. 1I and J) of siRNA/nanoparticle complexes was quantified in cultures; monolayers were treated with trypsin and subjected to flow cytometric analysis based on Cy3 fluorescence (Fig. S1). Cy3-positive cells in Lipofectamine and nanoparticle-mediated transfections represented 83.6% ($\pm$6.75% SD) and 78.9% ($\pm$2.7%) of the total cell number, respectively.

NANOPARTICLE/siRNA COMPLEXES MEDIATE EFFICIENT KNOCK DOWN OF Pkcδ AND BAX

To test the ability of the internalized siRNAs to knock down gene expression, we used siRNAs designed to target the Pkcδ or Bax proteins. The efficacy of nanoparticle complexes for siRNA delivery was established in a previous investigation [Benoit et al., 2010]. Experiments with various nanoparticle/siRNA charge ratios established that the most potent micellar charge ratio is 4:1 to achieve optimized particle size and surface charge. At this particular charge ratio, the polymers are complexed to siRNAs to provide effective cellular uptake and subsequent gene knock down.

At 24 h after siRNA/nanoparticle addition, cell lysates were prepared and analyzed by qPCR, as well as on Western blots. Functional knock down of Pkcδ or Bax was assessed in whole cell extracts using immunoblotting techniques. Parallel positive controls used a commercially available siRNA carrier (Lipofectamine-2000) for knock down. qPCR measurement of mRNA levels showed that Pkcδ and Bax expression levels were significantly decreased ($45.7 \pm 2.5\%$, and $52.1 \pm 1.7\%$, respectively) in the presence of nanocomplexed siRNA (Fig. 2A and B). Furthermore, the expression of both Pkcδ (Fig. 2C) and Bax (Fig. 2D) proteins were significantly
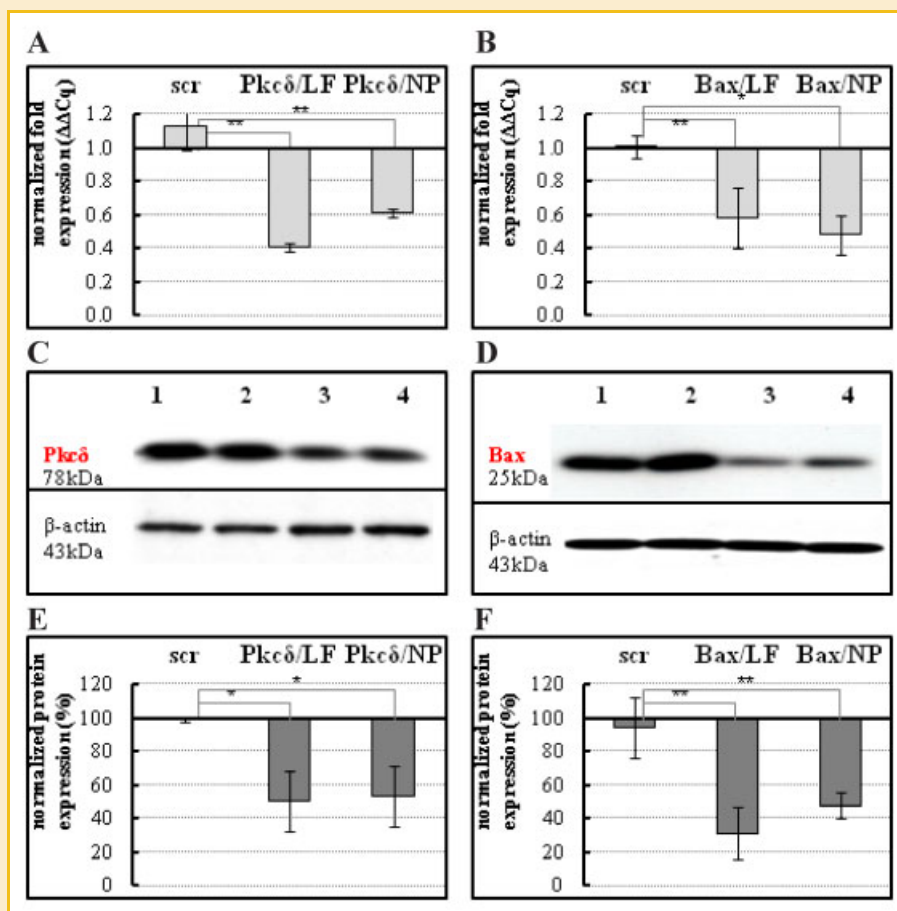

Fig. 2. siRNA knock down of Pkcδ or Bax expression in cultured salivary gland cells. (A–B) mRNA expression was analyzed by qPCR 24 h following transfection. (A) Transfection with Pkcδ siRNA using Lipofectamine (LF) or nanoparticles (NP) inhibits Pkcδ mRNA expression compared to scrambled siRNA control (scr) delivered by nanoparticles; (B) Transfection with Bax siRNA using Lipofectamine (LF) or nanoparticles (NP) demonstrated efficient reduction of Bax mRNA expression levels. Results are representative of three replicates and compared to untreated controls (fold changes); *$P < 0.05$ by one–way analysis of variance with Dunnett's multiple comparison test. (C–D) The lysed cells were analyzed for expression levels of the two pro–apoptotic proteins on Western blots. (C) Pkcδ, or (D) Bax protein expression was normalized to β–actin (blots were stripped and reprobed). Lane 1, untreated cells; lane 2, cells treated with scrambled siRNA control; lane 3, cells treated with Lipofectamine–mediated siRNA, as positive control; lane 4, cells treated with nanoparticle–mediated siRNA. (E–F) Graphs show quantification of protein band intensities from Western blot analysis, scanned by alpha imaging and measured using the ImageJ (NIH) software. LF, Lipofectamine; NP, nanoparticle complexes. Calculations were based on three measurements compared to untreated controls (protein level established as 100%); *$P < 0.05$, **$P < 0.001$. [Color figure can be seen in the online version of this article, available at http://wileyonlinelibrary.com/journal/jcb]

reduced as compared to cells receiving the scrambled siRNA controls. Relative to the mock control, Pkcδ and Bax protein expression was suppressed ($48.8 \pm 18\%$ and $49.4 \pm 8.0\%$, respectively) in the presence of nanoparticle/siRNA complexes (Fig. 2E and F). As the level of gene knock down with nanoparticle-bound siRNAs was similar to that obtained in the positive transfection controls with Lipofectamine, all subsequent experiments were accomplished using nanocomplexed siRNAs.

PRO-APOPTOTIC GENE KNOCK-DOWN IN IRRADIATED SALIVARY GLAND CELLS

To characterize the radiosensitivity of the cultured primary submandibular gland cells, it was necessary to establish a dose response curve representative for the actual experimental conditions (e.g., radiation source, cell culture protocol) [Konings et al., 2005]. Monolayer cultures were exposed to increasing doses of γ-ionizing radiation from 0 to 10 Gy and the overall cell viability was determined 48 h following irradiation. Floating and trypsinized adherent cells were loaded into the counting chamber of a hemocytometer and dead cells, which take up trypan-blue, were counted. Cell survival, expressed as the percentage of unstained (viable) cells to the total number of cells, in Figure 3A, showed a dose-dependent decrease with increasing radiation. The 7.5 Gy single dose irradiation resulted in a significant ($P < 0.05$), 40% reduction in cell survival. All subsequent radioprotection experiments were performed using this dosage.
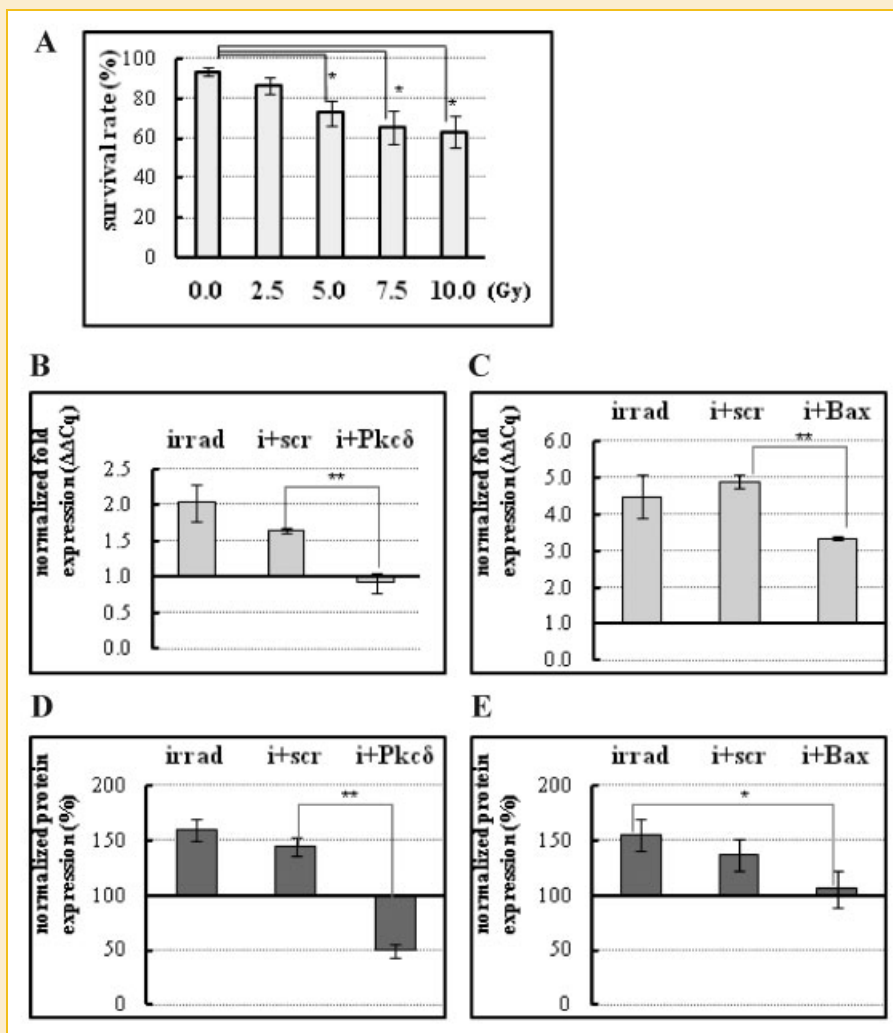

Fig. 3. siRNA knock down blocks radiation-induced increase of the pro-apoptotic genes Pkcδ or Bax. (A) Dose response curve of irradiated salivary gland monolayer cultures. Cells were counted 48 h after the indicated dose of γ-ray radiation. 7.5 Gy single dose irradiation resulted in a significant ($P < 0.05$), 40% reduction in cell survival, and was used in all subsequent experiments. Radiation normally increases Pkcδ (B) or Bax (C) gene expression. However, nanoparticle-mediated siRNA knock down of Pkcδ or Bax expression blocks the radiation-induced increase. Cells were irradiated 24 h after siRNA/nanoparticle addition, and mRNA levels were assayed by qPCR after an additional 24 h. Results are representative of three replicates and compared to the untreated controls. (D–E) Total protein extracts were analyzed by Western blot. Densitometric analysis of control and sample band ratios was conducted. The untreated control level of each protein was designated as 100%. (D) Radiation-induced Pkcδ protein expression showed a statistically significant decrease in the presence of siRNA (i + Pkcδ) compared to the scrambled siRNA (scr) negative control. (E) Radiation-induced Bax protein level was also reduced in cells in the presence of siRNA/nanoparticle complexes (i + Bax) (*$P < 0.05$, **$P < 0.001$, n = 3). Statistical significance was calculated using one-way analysis of variance with Tukey's multiple comparison tests.
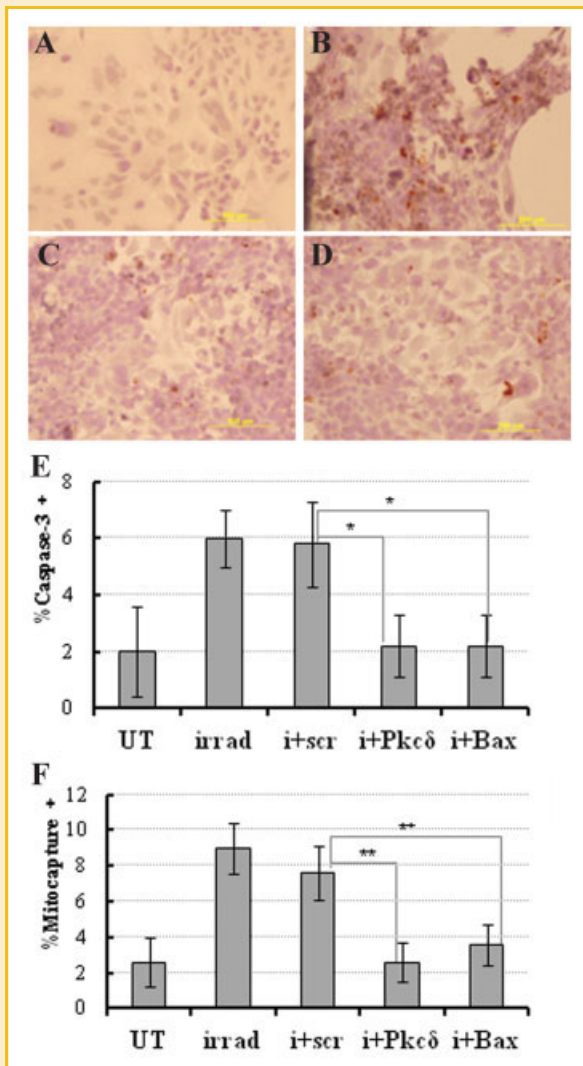
Fig. 4. Inhibition of pro-apoptotic Pkcδ or Bax protein expression decreases salivary gland cell sensitivity to radiation damage in vitro. (A) Non-irradiated control cells stained with caspase-3 antibody and hematoxylin show no caspase-3 activity. (B) Radiation treatment alone significantly increases caspase-3 activity in salivary gland monolayer cultures (caspase-3 positive cells are dark brown on hematoxylin counterstain). Pre-treatment with (C) nanoparticle/Pkcδ siRNA complexes or (D) nanoparticle/Bax siRNA complexes reduces caspase-3 staining in irradiated salivary gland cells compared to non-treated cells. (E) Quantitative analysis of the caspase-3 staining based on cell counts within a defined region of the microscopic field. Percentage of caspase-3 positive cells is derived from number of caspase-3 positive cells/total number of cells counted. UT, untreated control cells; irrad, irradiated cells; i + scr, irradiated cells pretreated with scrambled siRNA; i + Pkcδ or Bax, irradiated cells pretreated with siRNA to Pkcδ or Bax (n = 5, *$P < 0.05$). (F) Mitochondrial membrane disruption was determined using a Mitocapture assay 24 h after irradiation (n = 5 randomly chosen microscopic fields of each sample group). Percentage of mitocapture-positive cells is derived from number of mitocapture positive cells/total number cells counted. UT, untreated cells; irrad, irradiated cells; i + scr, irradiated scrambled-siRNA treated cells; i + Pkcδ, irradiated Pkcδ-siRNA treated cells; i + Bax, irradiated Bax-siRNA treated cells. **$P < 0.001$. Statistical significance was tested by ANOVA and Tukey's multiple comparison tests. [Color figure can be seen in the online version of this article, available at http://wileyonlinelibrary.com/journal/jcb]

We next evaluated the nanoparticle/siRNA complexes for their ability to mediate target gene silencing of *Pkcδ* or *Bax* following radiation treatment, in vitro. At 24 h after a single 7.5 Gy irradiation, measurement of mRNA expression levels by qPCR showed that the *Pkcδ* gene expression in the irradiated samples was decreased to background levels equal to those in non-transfected and non-irradiated controls (Fig. 3B; Pkcδ expression decreased by $44.4 \pm 14.4\%$ in Pkcδ siRNA/nanoparticle-treated wells compared to scrambled siRNA/nanoparticle-treated controls). Bax mRNA expression was also significantly reduced (Fig. 3C; $31.6 \pm 3.8\%$). Furthermore, protein expression analysis of the nanoparticle/siRNA treated cultures, conducted at 24 h after irradiation (Fig. 3D and E), confirmed the qPCR mRNA results. Pkcδ and Bax proteins were decreased by $65.81 \pm 6.7\%$ and $31.9 \pm 16.2\%$, respectively, in the siRNA/nanoparticle-treated wells.

siRNAs TARGETED TO PRO-APOPTOTIC GENES CONFER RESISTANCE TO RADIATION-INDUCED APOPTOSIS OF CULTURED SALIVARY GLAND CELLS

To test whether the demonstrated knock down of *Pkcδ* or *Bax* expression confers functional radioprotection, primary cultures from submandibular glands were prepared and treated with Pkcδ or Bax siRNA/nanoparticle complexes. All cultures were subjected to a single dose of radiation 24 h after transfection (7.5 Gy). Radiation induced-damage was assessed at 24 h, using three independent assays for apoptosis.

The intrinsic apoptosis pathway involves the activation of caspase-3 protein, which occurs as part of the early response to radiation. 7.5 Gy ionizing radiation resulted in a three-fold increase of caspase-3 activity in monolayers of irradiation controls (Fig. 4B and E), before the subsequent DNA fragmentation (Fig. 5B and E). siRNA-mediated gene silencing of both *Pkcδ* and *Bax* with nanoparticle complexes led to an attenuated apoptotic response in cultured cells. Caspase-3 staining decreased by $60 \pm 19\%$ in Pkcδ or Bax siRNA/nanoparticle-treated wells compared to those treated with scrambled siRNA/nanoparticles (Fig. 4C–E). Furthermore, mitochondrial membrane disruption, as determined by the number of Mitocapture-positive cells, was decreased by $65.8 \pm 15\%$ and $52.6 \pm 15\%$ in Pkcδ or Bax siRNA/nanoparticle-treated wells, respectively, compared to scrambled siRNA/nanoparticle control wells (Fig. 4F). Analysis using TUNEL also showed a reduced number of apoptotic cells following siRNA/nanoparticle-mediated knock down of Pkcδ or Bax (Fig. 5A–D). Counts of TUNEL-positive cells scored as apoptotic were determined in each sample and are compared in Fig. 5E. A significant decrease in the number of TUNEL-positive cells was apparent in Pkcδ or Bax siRNA/nanoparticle-treated wells, ($50.0 \pm 10.5\%$ and $40.6 \pm 11.8\%$), respectively, compared to scrambled siRNA-treated or control wells. Trypan blue staining confirmed that the percentage of surviving cells was increased following pro-apoptotic gene knock down (Fig. 5F).

DISCUSSION

Radioprotection is an important goal for improving the clinical management of head and neck cancer patients [Mehanna et al.,
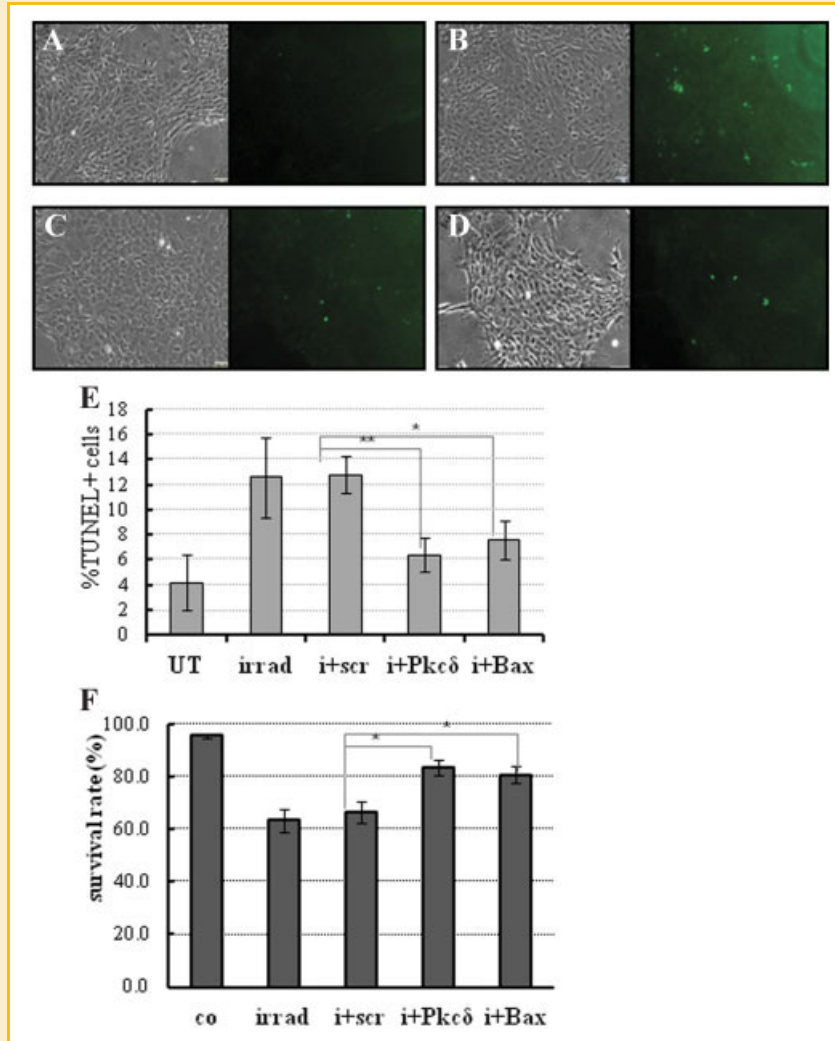
Fig. 5. siRNA knock down of Pkcδ or Bax expression reduces apoptotic cell death and increases radioprotection in irradiated primary salivary gland cells in vitro. (A–D) Identical bright-field and fluorescent images of cell monolayers after TUNEL staining to detect apoptotic cells (green). (A) Untreated cells have no detectable TUNEL-positive cells. (B) Treatment with 7.5 Gy radiation induces a significant increase in the number of apoptotic cells after 24 h. (C) Pretreatment with nanoparticle/Pkcδ siRNA complexes before radiation treatment decreases the number of apoptotic cells. (D) Pretreatment with nanoparticle/Bax siRNA complexes before radiation treatment also decreases the number of apoptotic cells. (E) Quantitative summary of TUNEL positive cells in control and siRNA-treated monolayers. Percentages represent TUNEL positive cells/total cells counted per microscopic field. Overall cell numbers were determined using parallel phase contrast images. UT, untreated control cells; irrad, irradiated cells; i + scr, irradiated cells pretreated with scrambled siRNA; i + Pkcδ or Bax, irradiated cells pretreated with siRNA to Pkcδ or Bax. (F) Trypan blue staining confirms that the percentage of surviving cells was increased following pro-apoptotic gene knock down. Irradiation (7.5 Gy) was performed 24 h after pretreatment with nanoparticles complexed to Pkcδ or Bax siRNA, and live cells were counted on the following day using the Trypan-blue exclusion assay. (n = 5, **$P < 0.001$; Statistical significance was tested by ANOVA and Tukey's multiple comparison tests.) Co, untreated cells; irrad, irradiated cells; i + scr, irradiated scrambled-siRNA treated cells; i + Pkcδ, irradiated Pkcδ-siRNA treated cells; i + Bax, irradiated Bax-siRNA treated cells. [Color figure can be seen in the online version of this article, available at http://wileyonlinelibrary.com/journal/jcb]

2010]. We hypothesized that the targeted knock down of genes involved in the apoptotic response to radiation could result in the protection of these cells from cell death. This notion was based on earlier reports demonstrating that knockout of the *Pkcδ* gene, an essential regulator of apoptosis in epithelial cells, results in suppression of apoptosis of primary salivary gland cells following irradiation [Humphries et al., 2006]. Furthermore, the inhibition of Pkcδ activity by a specific antagonist, rottlerin, suppresses apoptosis in immortalized salivary cells [Reyland et al., 1999]. Therefore, we initiated gene silencing experiments with siRNAs targeting two pro-apoptotic genes, *Pkcδ* and *Bax*, known to be involved in radiation-induced salivary gland damage. The use of siRNAs to silence pro-apoptotic genes is critical, since reversibility of the knock down may be particularly important when apoptotic pathways are targeted, to avoid altering essential downstream signaling pathways.

Potential strategies for radioprotection of the salivary glands must be developed using methods that are compatible with in vivo applications. In this report, we have employed a novel type of nanocarrier to enhance siRNA internalization into target cells. The nanoparticles have previously been tested in vitro and found to have

no cytotoxic effects in a cell culture system [Convertine et al., 2009, 2010]. We have employed the nanoparticles to deliver siRNAs to primary salivary gland cells, in order to target pro-apoptotic gene expression in a non-invasive and transient manner. The nanoparticles are less than 50 nm in diameter, and include a pH-responsive endosomolytic component that promotes the release of the siRNA from endosomes into the cytoplasm, following cellular uptake. According to Segura and Hubbell [2007], properly selected particle size (maximum of 200 nm) and surface charge (slightly positively charged) are critically important to promote intracellular uptake into the target cells. The nanoparticle/siRNA preparations used in our experiments conform to these parameters. The siRNAs are non-covalently complexed with the biodegradable nanoparticles. Previous studies by Benoit et al. [2010] have demonstrated that these carrier biomolecules are capable of inducing siRNA-mediated knock down of target genes in ovarian cancer cells in vitro. Here, we show that nanoparticle-mediated delivery of Cy3-labeled siRNA into primary submandibular gland cultures is highly efficient (almost 80%), and that the fluorescent particles are evenly dispersed among the cells in our monolayer culture. The efficiency of cellular uptake into our primary cultures is slightly lower than the reported transfection level (90%) of HeLa cells achieved with the same type of nanoparticles [Benoit et al., 2011], and may reflect transfection differences between primary and established cell cultures. In the primary salivary gland cells used in this study, the knock down efficiencies achieved with the nanoparticles are equivalent to those achieved with the Lipofectamine transfection reagent.

The primary goal of this study was to address the feasibility of conferring radioprotection through siRNA-mediated gene knock down. Thus, prior to siRNA transfection experiments, the primary cultured salivary gland cells were measured for their susceptibility to radiation-induced damage. The radiosensitivity of the primary cell cultures demonstrated dose dependency similar to previously published reports on salivary acinar cell cultures, and to in vivo radiation treatment of salivary glands [Tateishi et al., 2008]. We therefore performed irradiations at a dose (7.5 Gy) that is consistent both with other published studies using salivary gland cells [Vissink et al., 1992; O'Connell et al., 1998], and with exposure levels used in radiotherapeutic protocols for human tumors [Dahlberg et al., 1999]. Our approach to determine apoptotic cell death in irradiated monolayers was adopted from O'Connell et al. [1998], thus only attached cells were used for apoptosis measurements. We used three independent assays to determine the effects of silencing Pkcδ and Bax protein expression on radiation-induced apoptosis. All three revealed a significant protective effect on irradiated salivary gland cell monolayers after targeting Pkcδ or Bax proteins. Quantification revealed a statistically significant reduction from 40 to 60% in the rate of apoptosis. A similar (∼50%) reduction of apoptosis in an immortalized salivary cell line was demonstrated using Nox1-siRNA/oligofectamine transfections [Tateishi et al., 2008].

Our experiments confirm that RNAi-mediated inhibition of key apoptotic genes contributes to protection against irradiation-induced cell death in vitro. However, functional knock down of pro-apoptotic genes established in these experiments does not necessarily mean that cell survival will be increased. A recent study on radiation-induced gastrointestinal damage [Kirsch et al., 2010]

suggested that selective deletion of the pro-apoptotic p53 gene may radiosensitize cells, which implies that in addition to apoptosis, other mechanisms are involved in radiation damage. Moreover, interactive apoptotic routes complicate existing radiation injury models; Pkcδ as an apoptotic effector may stimulate the upstream Bax gene, thus enhancing apoptotic stimuli in the cell [Sitailo et al., 2004]. The current lack of knowledge on the network of cellular responses triggered by radiation complicates the elaboration of prevention strategies and damage control, and underscores the need to better understand the molecular mechanisms involved in radiation-induced cell killing.

In the development of a model for the investigation of radiation injury, it has been suggested that damage in the mouse salivary gland, characterized by inflammatory lesions, is similar to that in human glands [Urek et al., 2005]. We intentionally used primary cultures of mouse salivary gland tissue in our experiments, because we believe this provides a superior in vitro model for salivary gland responses to irradiation when compared to immortalized or cancer-derived salivary gland cell lines. Indeed, primary cultures of mouse submandibular glands are a heterogeneous cell population that includes the major functional cell types present in normal tissue (acinar, ductal and stem cells). Furthermore, primary cell cultures provide a more valid model for the variability in gene delivery and gene knock down efficiency that is likely to occur in vivo [Chen et al., 2005], although, in the absence of the innate immune system, the in vitro response to apoptotic stimulus may be intensified [Riss and Moravec, 2004]. Thus, in vivo studies will be required to establish this potential strategy for preventing radiation damage by targeting pro-apoptotic genes.

In summary, we have tested nanoparticle-based delivery of siRNA into salivary gland primary cultures and have demonstrated successful target gene knock down. Moreover, pro-apoptotic gene silencing using siRNA and nanoparticle complexes was able to confer protection against the irradiation-induced apoptotic response. These findings have significant potential for future development of a treatment to promote radioprotection of the salivary glands in patients with head and neck cancer.

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